

## BØNNETIDER FOR RANA

SEPTEMBER 2025

Dag	Fajr	Soloppgang	Duhr	Asr	Maghrib	Isha
1	04:02	05:35	13:12	16:45	20:32	22:02
2	04:02	05:38	13:12	16:42	20:28	22:02
3	04:01	05:41	13:11	16:40	20:24	22:01
4	04:01	05:45	13:11	16:38	20:20	22:01
5	04:01	05:48	13:11	16:36	20:16	22:01
6	04:00	05:51	13:10	16:34	20:12	22:00
7	04:00	05:54	13:10	16:32	20:08	22:00
8	04:00	05:58	13:10	16:29	20:04	22:00
9	03:59	06:01	13:09	16:27	20:00	21:59
10	03:59	06:04	13:09	16:25	19:56	21:59
11	03:59	06:08	13:09	16:23	19:53	21:59
12	03:58	06:11	13:08	16:21	19:49	21:58
13	03:58	06:14	13:08	16:19	19:45	21:58
14	03:57	06:17	13:07	16:17	19:41	21:57
15	03:57	06:20	13:07	16:14	19:37	21:57
16	03:57	06:24	13:07	16:12	19:33	21:57
17	03:56	06:27	13:06	16:10	19:29	21:56
18	03:56	06:30	13:06	16:08	19:25	21:56
19	03:56	06:33	13:06	16:06	19:21	21:51
20	03:55	06:37	13:05	16:04	19:17	21:46
21	03:55	06:40	13:00	16:02	19:13	21:41
22	03:57	06:43	13:00	15:59	19:09	21:36
23	04:01	06:46	12:59	15:57	19:05	21:31
24	04:06	06:49	12:59	15:55	19:01	21:26
25	04:10	06:53	12:59	15:53	18:57	21:21
26	04:15	06:56	12:58	15:51	18:54	21:16
27	04:19	06:59	12:58	15:49	18:50	21:12
28	04:23	07:02	12:58	15:47	18:46	21:07
29	04:27	07:06	12:57	15:44	18:42	21:03
30	04:31	07:09	12:57	15:42	18:38	20:58

**Alnor Senter**  
Storgata 132  
9008 Tromsø  
[www.alnorsenter.no](http://www.alnorsenter.no)

I samarbeid med Islamsk Råd Norge og Islamsk senter for Nord-Norge