

# BØNNETIDER FOR NORDREISA

OKTOBER 2025

Dag	Fajr	Soloppgang	Duhr	Asr	Maghrib	Isha
1	03:44	06:47	12:28	15:09	18:01	20:44
2	03:49	06:51	12:27	15:07	17:57	20:39
3	03:54	06:55	12:27	15:05	17:52	20:33
4	03:59	06:59	12:27	15:02	17:48	20:28
5	04:03	07:03	12:26	15:00	17:43	20:23
6	04:08	07:07	12:26	14:57	17:39	20:18
7	04:12	07:11	12:26	14:55	17:34	20:13
8	04:17	07:15	12:26	14:53	17:29	20:09
9	04:21	07:19	12:25	14:50	17:25	20:04
10	04:26	07:23	12:25	14:48	17:20	19:59
11	04:30	07:27	12:25	14:45	17:16	19:55
12	04:34	07:31	12:25	14:43	17:11	19:50
13	04:38	07:35	12:24	14:41	17:07	19:46
14	04:42	07:39	12:24	14:38	17:02	19:41
15	04:46	07:43	12:24	14:36	16:58	19:37
16	04:50	07:47	12:24	14:33	16:53	19:33
17	04:54	07:51	12:23	14:31	16:49	19:28
18	04:58	07:55	12:23	14:29	16:44	19:24
19	05:02	08:00	12:23	14:26	16:39	19:20
20	05:06	08:04	12:23	14:24	16:35	19:16
21	05:09	08:08	12:23	14:21	16:30	19:12
22	05:13	08:12	12:23	14:19	16:26	19:08
23	05:17	08:17	12:22	14:17	16:21	19:04
24	05:21	08:21	12:22	14:14	16:16	19:00
25	05:24	08:26	12:22	14:12	16:12	18:57
26	04:28	07:30	11:22	13:09	15:07	17:53
27	04:31	07:35	11:22	13:07	15:02	17:49
28	04:35	07:39	11:22	13:05	14:57	17:45
29	04:38	07:44	11:22	13:02	14:53	17:42
30	04:42	07:49	11:22	13:00	14:48	17:38
31	04:45	07:53	11:22	12:57	14:43	17:35

Alnor Senter  
Storgata 132  
9008 Tromsø  
[www.alnorsenter.no](http://www.alnorsenter.no)

I samarbeid med Islamsk Råd Norge og Islamsk senter for Nord-Norge