

# BØNNETIDER FOR NARVIK

SEPTEMBER 2025

| Dag | Fajr  | Soloppgang | Duhr  | Asr   | Maghrib | Isha  |
|-----|-------|------------|-------|-------|---------|-------|
| 1   | 03:51 | 05:15      | 13:01 | 16:38 | 20:30   | 21:51 |
| 2   | 03:51 | 05:19      | 13:01 | 16:36 | 20:25   | 21:51 |
| 3   | 03:50 | 05:23      | 13:00 | 16:33 | 20:21   | 21:50 |
| 4   | 03:50 | 05:27      | 13:00 | 16:31 | 20:17   | 21:50 |
| 5   | 03:50 | 05:30      | 13:00 | 16:29 | 20:12   | 21:50 |
| 6   | 03:49 | 05:34      | 12:59 | 16:26 | 20:08   | 21:49 |
| 7   | 03:49 | 05:38      | 12:59 | 16:24 | 20:04   | 21:49 |
| 8   | 03:49 | 05:41      | 12:59 | 16:22 | 19:59   | 21:49 |
| 9   | 03:48 | 05:45      | 12:58 | 16:19 | 19:55   | 21:48 |
| 10  | 03:48 | 05:49      | 12:58 | 16:17 | 19:51   | 21:48 |
| 11  | 03:48 | 05:52      | 12:58 | 16:15 | 19:46   | 21:48 |
| 12  | 03:47 | 05:56      | 12:57 | 16:12 | 19:42   | 21:47 |
| 13  | 03:47 | 05:59      | 12:57 | 16:10 | 19:38   | 21:47 |
| 14  | 03:47 | 06:03      | 12:57 | 16:08 | 19:33   | 21:47 |
| 15  | 03:46 | 06:07      | 12:56 | 16:05 | 19:29   | 21:46 |
| 16  | 03:46 | 06:10      | 12:56 | 16:03 | 19:25   | 21:46 |
| 17  | 03:46 | 06:14      | 12:56 | 16:01 | 19:21   | 21:46 |
| 18  | 03:45 | 06:17      | 12:55 | 15:58 | 19:16   | 21:45 |
| 19  | 03:45 | 06:21      | 12:55 | 15:56 | 19:12   | 21:45 |
| 20  | 03:45 | 06:24      | 12:55 | 15:54 | 19:08   | 21:45 |
| 21  | 03:44 | 06:28      | 12:49 | 15:51 | 19:03   | 21:44 |
| 22  | 03:44 | 06:31      | 12:49 | 15:49 | 18:59   | 21:41 |
| 23  | 03:43 | 06:35      | 12:48 | 15:47 | 18:55   | 21:35 |
| 24  | 03:43 | 06:39      | 12:48 | 15:44 | 18:51   | 21:30 |
| 25  | 03:43 | 06:42      | 12:48 | 15:42 | 18:46   | 21:24 |
| 26  | 03:48 | 06:46      | 12:47 | 15:40 | 18:42   | 21:19 |
| 27  | 03:53 | 06:49      | 12:47 | 15:38 | 18:38   | 21:14 |
| 28  | 03:58 | 06:53      | 12:47 | 15:35 | 18:34   | 21:08 |
| 29  | 04:03 | 06:56      | 12:46 | 15:33 | 18:29   | 21:03 |
| 30  | 04:08 | 07:00      | 12:46 | 15:31 | 18:25   | 20:58 |

**Alnor Senter**  
Storgata 132  
9008 Tromsø  
[www.alnorsenter.no](http://www.alnorsenter.no)

I samarbeid med Islamsk Råd Norge og Islamsk senter for Nord-Norge