

# BØNNETIDER FOR MÅLSELV

OKTOBER 2025

Dag	Fajr	Soloppgang	Duhr	Asr	Maghrib	Isha
1	03:58	06:55	12:37	15:19	18:11	20:49
2	04:02	06:59	12:36	15:16	18:06	20:44
3	04:07	07:03	12:36	15:14	18:02	20:39
4	04:12	07:07	12:36	15:12	17:58	20:34
5	04:16	07:10	12:35	15:09	17:53	20:29
6	04:20	07:14	12:35	15:07	17:49	20:24
7	04:25	07:18	12:35	15:05	17:44	20:19
8	04:29	07:22	12:34	15:02	17:40	20:15
9	04:33	07:26	12:34	15:00	17:36	20:10
10	04:37	07:30	12:34	14:58	17:31	20:06
11	04:41	07:33	12:34	14:55	17:27	20:01
12	04:45	07:37	12:33	14:53	17:22	19:57
13	04:49	07:41	12:33	14:51	17:18	19:52
14	04:53	07:45	12:33	14:48	17:14	19:48
15	04:57	07:49	12:33	14:46	17:09	19:44
16	05:01	07:53	12:32	14:44	17:05	19:40
17	05:05	07:57	12:32	14:41	17:00	19:36
18	05:09	08:01	12:32	14:39	16:56	19:32
19	05:12	08:05	12:32	14:37	16:51	19:28
20	05:16	08:09	12:32	14:34	16:47	19:24
21	05:20	08:13	12:31	14:32	16:43	19:20
22	05:23	08:18	12:31	14:30	16:38	19:16
23	05:27	08:22	12:31	14:27	16:34	19:12
24	05:30	08:26	12:31	14:25	16:29	19:08
25	05:34	08:30	12:31	14:23	16:25	19:05
26	04:37	07:35	11:31	13:20	15:20	18:01
27	04:41	07:39	11:31	13:18	15:16	17:58
28	04:44	07:43	11:31	13:16	15:11	17:54
29	04:48	07:48	11:31	13:14	15:06	17:51
30	04:51	07:52	11:31	13:11	15:02	17:47
31	04:54	07:57	11:30	13:09	14:57	17:44

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I samarbeid med Islamsk Råd Norge og Islamsk senter for Nord-Norge