

# BØNNETIDER FOR HARSTAD

JULI 2025

| Dag | Fajr  | Soloppgang | Duhr  | Asr   | Maghrib | Isha  |
|-----|-------|------------|-------|-------|---------|-------|
| 1   | 04:50 | 06:13      | 13:07 | 16:19 | 19:45   | 21:05 |
| 2   | 04:50 | 06:13      | 13:08 | 16:19 | 19:45   | 21:05 |
| 3   | 04:51 | 06:14      | 13:08 | 16:19 | 19:45   | 21:05 |
| 4   | 04:51 | 06:14      | 13:08 | 16:19 | 19:45   | 21:05 |
| 5   | 04:51 | 06:14      | 13:08 | 16:19 | 19:45   | 21:04 |
| 6   | 04:52 | 06:15      | 13:08 | 16:19 | 19:45   | 21:04 |
| 7   | 04:52 | 06:15      | 13:08 | 16:19 | 19:45   | 21:04 |
| 8   | 04:53 | 06:15      | 13:09 | 16:19 | 19:45   | 21:04 |
| 9   | 04:53 | 06:16      | 13:09 | 16:19 | 19:45   | 21:04 |
| 10  | 04:54 | 06:16      | 13:09 | 16:19 | 19:45   | 21:04 |
| 11  | 04:54 | 06:17      | 13:09 | 16:19 | 19:44   | 21:03 |
| 12  | 04:55 | 06:17      | 13:09 | 16:19 | 19:44   | 21:03 |
| 13  | 04:55 | 06:17      | 13:09 | 16:19 | 19:44   | 21:03 |
| 14  | 04:56 | 06:18      | 13:09 | 16:19 | 19:44   | 21:02 |
| 15  | 04:56 | 06:18      | 13:09 | 16:19 | 19:44   | 21:02 |
| 16  | 04:57 | 06:18      | 13:10 | 16:19 | 19:44   | 21:02 |
| 17  | 04:58 | 06:19      | 13:10 | 16:19 | 19:43   | 21:01 |
| 18  | 04:58 | 06:19      | 13:10 | 16:19 | 19:43   | 21:01 |
| 19  | 04:59 | 06:20      | 13:10 | 16:19 | 19:43   | 21:01 |
| 20  | 04:59 | 06:20      | 13:10 | 16:19 | 19:43   | 21:00 |
| 21  | 05:00 | 06:20      | 13:10 | 16:19 | 19:42   | 21:00 |
| 22  | 05:00 | 06:21      | 13:10 | 16:18 | 19:42   | 20:59 |
| 23  | 05:01 | 06:21      | 13:10 | 16:18 | 19:42   | 20:59 |
| 24  | 05:01 | 06:22      | 13:10 | 16:18 | 19:41   | 20:58 |
| 25  | 05:02 | 06:22      | 13:10 | 16:18 | 19:41   | 20:58 |
| 26  | 05:03 | 06:23      | 13:10 | 16:18 | 19:40   | 20:57 |
| 27  | 05:03 | 06:23      | 13:10 | 16:18 | 19:40   | 20:56 |
| 28  | 05:04 | 06:23      | 13:10 | 16:17 | 19:40   | 20:56 |
| 29  | 05:04 | 06:24      | 13:10 | 16:17 | 19:39   | 20:55 |
| 30  | 05:05 | 06:24      | 13:10 | 16:17 | 19:39   | 20:54 |
| 31  | 05:05 | 06:24      | 13:10 | 16:17 | 19:38   | 20:54 |

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I samarbeid med Islamsk Råd Norge og Islamsk senter for Nord-Norge