

BØNNETIDER FOR ALSTAHAUG

NOVEMBER 2025

Dag	Fajr	Soloppgang	Duhr	Asr	Maghrib	Isha
1	05:26	08:03	11:58	13:47	15:46	18:09
2	05:29	08:07	11:58	13:46	15:43	18:07
3	05:32	08:10	11:58	13:44	15:39	18:04
4	05:34	08:14	11:58	13:42	15:36	18:01
5	05:37	08:18	11:58	13:40	15:32	17:58
6	05:40	08:21	11:58	13:38	15:28	17:56
7	05:42	08:25	11:58	13:37	15:25	17:53
8	05:45	08:29	11:58	13:35	15:21	17:51
9	05:48	08:32	11:59	13:33	15:18	17:48
10	05:50	08:36	11:59	13:32	15:14	17:46
11	05:53	08:40	11:59	13:30	15:11	17:44
12	05:55	08:43	11:59	13:28	15:07	17:41
13	05:58	08:47	11:59	13:27	15:04	17:39
14	06:01	08:51	11:59	13:25	15:01	17:37
15	06:03	08:55	11:59	13:23	14:57	17:35
16	06:05	08:58	12:00	13:22	14:54	17:33
17	06:08	09:02	12:00	13:20	14:50	17:31
18	06:10	09:06	12:00	13:19	14:47	17:29
19	06:13	09:10	12:00	13:17	14:44	17:27
20	06:15	09:13	12:00	13:15	14:41	17:25
21	06:17	09:17	12:01	13:14	14:37	17:23
22	06:19	09:21	12:01	13:13	14:34	17:21
23	06:22	09:24	12:01	13:11	14:31	17:20
24	06:24	09:28	12:02	13:10	14:28	17:18
25	06:26	09:32	12:02	13:08	14:25	17:17
26	06:28	09:35	12:02	13:07	14:22	17:15
27	06:30	09:39	12:02	13:06	14:19	17:14
28	06:32	09:43	12:03	13:04	14:16	17:13
29	06:34	09:46	12:03	13:03	14:13	17:11
30	06:36	09:50	12:04	13:02	14:10	17:10

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I samarbeid med Islamsk Råd Norge og Islamsk senter for Nord-Norge