

BØNNETIDER FOR NESNA KOMMUNE

JANUAR 2025

| Dag | Fajr | Soloppgang | Duhr | Asr | Maghrib | Isha |
|-----|-------|------------|-------|-------|---------|-------|
| 1 | 07:02 | 10:09 | 12:16 | 13:11 | 14:16 | 17:10 |
| 2 | 07:02 | 10:10 | 12:17 | 13:12 | 14:17 | 17:12 |
| 3 | 07:01 | 10:10 | 12:17 | 13:12 | 14:17 | 17:13 |
| 4 | 07:01 | 10:11 | 12:18 | 13:13 | 14:18 | 17:14 |
| 5 | 07:00 | 10:11 | 12:18 | 13:13 | 14:18 | 17:16 |
| 6 | 06:59 | 10:12 | 12:19 | 13:14 | 14:19 | 17:18 |
| 7 | 06:59 | 10:12 | 12:19 | 13:14 | 14:19 | 17:19 |
| 8 | 06:58 | 10:12 | 12:19 | 13:14 | 14:19 | 17:21 |
| 9 | 06:57 | 10:13 | 12:20 | 13:15 | 14:20 | 17:23 |
| 10 | 06:56 | 10:16 | 12:20 | 13:14 | 14:17 | 17:25 |
| 11 | 06:55 | 10:13 | 12:21 | 13:16 | 14:21 | 17:27 |
| 12 | 06:54 | 10:10 | 12:21 | 13:18 | 14:25 | 17:29 |
| 13 | 06:52 | 10:07 | 12:21 | 13:20 | 14:28 | 17:31 |
| 14 | 06:51 | 10:04 | 12:22 | 13:22 | 14:32 | 17:33 |
| 15 | 06:50 | 10:01 | 12:22 | 13:24 | 14:36 | 17:35 |
| 16 | 06:48 | 09:58 | 12:22 | 13:26 | 14:40 | 17:37 |
| 17 | 06:47 | 09:55 | 12:23 | 13:28 | 14:44 | 17:39 |
| 18 | 06:45 | 09:52 | 12:23 | 13:30 | 14:48 | 17:42 |
| 19 | 06:44 | 09:48 | 12:23 | 13:33 | 14:52 | 17:44 |
| 20 | 06:42 | 09:45 | 12:24 | 13:35 | 14:56 | 17:46 |
| 21 | 06:40 | 09:41 | 12:24 | 13:37 | 15:00 | 17:49 |
| 22 | 06:38 | 09:38 | 12:24 | 13:39 | 15:03 | 17:51 |
| 23 | 06:36 | 09:35 | 12:25 | 13:41 | 15:07 | 17:53 |
| 24 | 06:34 | 09:31 | 12:25 | 13:43 | 15:11 | 17:56 |
| 25 | 06:32 | 09:28 | 12:25 | 13:45 | 15:15 | 17:59 |
| 26 | 06:30 | 09:24 | 12:25 | 13:47 | 15:19 | 18:01 |
| 27 | 06:28 | 09:21 | 12:25 | 13:49 | 15:23 | 18:04 |
| 28 | 06:26 | 09:17 | 12:26 | 13:51 | 15:27 | 18:06 |
| 29 | 06:24 | 09:14 | 12:26 | 13:53 | 15:31 | 18:09 |
| 30 | 06:21 | 09:10 | 12:26 | 13:55 | 15:35 | 18:12 |
| 31 | 06:19 | 09:06 | 12:26 | 13:57 | 15:39 | 18:14 |

Alnor Senter
Storgata 132
9008 Tromsø
www.alnorsenter.no

I samarbeid med Islamsk Råd Norge og Islamsk senter for Nord-Norge